

***The following questions correspond with the Breaking Strongholds, Part 1 sermon in the Perspective series on Sunday, March 10. To catch up on this series, visit [grace360.org/perspective](http://grace360.org/perspective).***

1. Last week, Kevin Maurice taught on the doorways to temptation and how to avoid them. We ended our time by discussing how we must begin by renewing our minds. Knowing that we can fight temptation by retraining our minds and knowing God's Word, what steps have you taken to change your thoughts and focus on Scripture?
2. This week, Dr. Cassidy began teaching on how to break strongholds and find freedom in Christ. Read Geneses 4:1-8 together. Discuss as a group what stronghold is identified here.
3. If you water, care and nurture sin, your life will become a picture of someone who has given over to a stronghold. They will enslave you. What strongholds do you fear will enslave you or do already enslave you?
4. Read Luke 15:11-24 together. What was the young man's bent? How did this effect his circumstances and relationships?
5. We all must fight the bondage of your bent by first waking up and then repenting. It's the pathway to rejecting the lies of the enemy, which ultimately leads to being transformed by Grace.
6. Where do you feel free in your life from strongholds that previously held you in bondage to harmful hurts, hang-ups and habits? With what sin do you still feel entangled? What sin binds you?
7. The four steps to freedom are waking up, repenting, rejecting the lies of the enemy and living into the transforming grace of Christ. Where do you find yourself getting stuck? Is it difficult for you to admit that you are in the wrong? Is it harder for you to change course? Are you still living as if you believe that the lies of the enemy are true? Or do you struggle to receive the Grace, through the blood and resurrection of Jesus, that God has given you?
8. How can you become like Christ in all of life? Discuss your own bent, your patterns of sin. Do you truly want to change? How can you begin this week to change course and lean into all that God has for you as you break free from strongholds?